



Seaton Primary School

"Caring now, for the future of our community, those in need, our lifestyles, one another, our education and the future itself"

Valley View, Seaton, Devon, EX12 2HF

Tel: 01297 20922 Fax: 01297 625194

Email: admin@seatonprimary.org.uk

Headteacher: Nic George

NEWSLETTER

05.02.2021

Dear Parents and Carers,

Thank you again to all of you that are continuing to support your child/ren with their home learning. We do understand what a challenge this can be, especially when you are trying to juggle work and home life. Please know that we are always available to offer any support or advice with your child's learning or wellbeing.



TEACHING and LEARNING

READING

When supporting your child with home learning, please remember the most important thing that you can do is read with your child and enjoy a special book at bedtime. If you are short of books at home, please let us know.

MATHS

All Children in years 3 to 6 have a log in for TT Rockstars. This is a fun way of learning and practising your x tables online. If you have forgotten your log in details, please contact your class teacher.

COMPUTING

Mr Delfosse has been working on computing and has put together an IT plan for new resources, software and staff training.

SCIENCE

Miss Broom led the staff development session this week on remote learning in science and our plans for science week: W.B. 29.3.21- Watch this space!

LAPTOPS

We do have laptops available for home learning- please do contact the school office if your child needs one.

Year 6

Year 6 have been busy making Mayan Masks on Zoom this morning with the resources they could gather from their homes! Well done year 6 - Very resourceful!



Please do remember that there are lots of resources to support with learning at home available at the front office.





Last week was Children's Mental Health Week, such an important topic and one that has been impacted even more so by the current situation. Thank you to everyone that wore their clothes inside out and hopefully you managed to have a chat with your children as to how they were feeling.

This week we're going to focus on how we as adults are feeling with the uncertainty of lockdown. You are all doing a fantastic job but make sure you find time to re-connect with yourself. We always forget that we ourselves are important. Do something that you enjoy. Think about what makes you happy: it could be reading a book, gardening, dancing around the house, listening to some good music, exercise, a hot bath, but just some time where YOU get to do something for YOU.

We all have to look after our mental health. Talking is really useful and please don't hesitate to contact pastoral@seatonprimary.org.uk if you would like to off-load.

There are some really useful websites around that focus on Mental Wellbeing.

Look out for the action calendar on www.actionforhappiness.org.uk. The month of February is lovely and gives great ideas of simple actions that will make you and others feel better. www.actionforhappiness.org.uk. If you feel that you'd like to talk to someone confidentially try www.talkworks.org.uk- talking really does help. Another good site is www.nhs.uk/conditions/stress-anxiety-depression

Please remember that you are not alone.

SCHOOL GOVERNORS

We are making good progress with recruiting a new school governing body. Currently we have an interim governing board, including some Seaton parents, but the interim governors need to eventually relinquish their roles so others can take over. School governors are made up from volunteers and the school /wider community who support the school team and all of the pupils.



We are particularly looking for not only parents but **MEMBERS OF OUR COMMUNITY WHO WOULD LIKE TO CONTRIBUTE**. Please get in touch with me if you would like to find out more about this exciting and very

rewarding role.



FREE SCHOOL MEALS

Many families' circumstances have changed due to COVID-19. This means that you may now be entitled to receive free school meals for your child. If you think that you may be eligible, then please do apply. When you receive notification that you are entitled please do notify the school office to let us know that you have been successful with your application.

[Citizen Portal - Sign in \(devon.gov.uk\)](https://www.devon.gov.uk/citizen-portal)

Very best wishes to everyone, thank you for your continued support and stay safe.

Nic George
Headteacher

